

JASON SOSNOWSKI

PT, DPT



Doctoral Degree in
Physical Therapy,
Duke University, 2013

Bachelor of Science
Degree in Exercise
Science, High Honors,
Michigan State University,
2009

Specialties & Interests:

- Shoulder/Throwing Injuries
- Manual Therapy Techniques

Grand Blanc Clinic
10809 S. Saginaw St.
Grand Blanc, MI 48439
(810)695-8700
JSosnowski@advpt.com
www.AdvancedPhysicalTherapy.com

Jason Sosnowski, PT, DPT, joined Advanced Physical Therapy Center in October 2018. His journey to become a physical therapist began at Michigan State University when he earned his Bachelor of Science in Exercise Science with high honors, in 2009. Then, he traveled to North Carolina and Duke University to earn his Doctorate in Physical Therapy in 2013. During that time, he traveled the country for his clinical internships. He's lived in Portland, Oregon; Atlanta, Georgia; and Indianapolis, Indiana. His first job as a physical therapist was in Baltimore, Maryland. Then, he moved back home to Michigan to work in Farmington.

Jason considers himself a manual, hands-on PT and believes in treating the whole person with a physiosocial approach. He has a passion for throwing and shoulder over-use injuries and enjoys helping people return to playing the sports they love. He's a professional disc golfer and played baseball and basketball in high school and ran cross country. It's his love of athletics that helps him relate well to people facing sports injuries. One of Jason's goals is to make his patients feel comfortable. He takes the time to get to know them and learn about their interests and plans for the future.

Jason is the middle of three brothers. He grew up and still lives in White Lake Township surrounded by a large extended family, mostly in Oakland County. He loves staying active and spending time outdoors. He likes to snowboard in the winter and go camping and boating in the summer. He's a loyal Spartan sports fan, cheering on his teams any chance he gets.

